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## Case of escaped patient spurs internal review

Forensic hospital says probe into how Mark Baltzer drove his truck off property could lead to policy changes **PAGE 2**

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## YOUR RIDE: DON'T MISS THE BUS

IN THE FIRST EDITION OF HER RECURRING COLUMN, METRO'S ERICA BUTLER ARGUES HALIGONIANS HAVE A VERY REAL CHANCE TO INFLUENCE TRANSIT POLICIES FOR 30 YEARS TO COME **PAGE 9**

# 'Everyone is welcome'

**In from the cold.** Halifax libraries reminding homeless their doors are open

Opening the doors of Halifax's public libraries to anyone who is homeless, street-involved or otherwise are what those buildings are all about, says the public libraries' CEO.

Asha Kachan said since the city experienced its first real cold snap several weeks ago, library staff from across the city's 14 branches have been discussing how to better support those who are at greatest need of getting out of the cold on the bitterest of days.

Kachan explained staff came up with the idea of an invitation to "come in and take a seat," which is nothing new, but an important reminder, nonetheless.

"It's important to realize that as a public library, we're here to serve the public," she said. "Everyone is welcome to enter."

By posting that message on the public libraries' website, staff are for the first time making a point of inviting those who are on the street into a safe, warm environment, she explained.

"That role as a community gathering place is one that we consider really important," Kachan said, citing libraries offer a range of resources, such as free computer access, which many street-involved people can use to find proper housing or job postings.

Libraries are only one of the municipal spaces District 8 Coun. Wayne Mason believes can be utilized as spots for people to warm up during our winters.

On Monday, he explained plans to put forward a motion to council as early as Tuesday to consider developing an emergency cold weather response for the city.

The initiative could open the doors of numerous community centres and recreational facilities, and offer free transit during days of extreme cold.

STEPHANIE TAYLOR/METRO



## ARTIST SKILLED WITH A SKULL

Dartmouth artist Nikki Barnett poses for a photo in her studio with some of her animal art on Monday. Barnett has started her own business where she takes the skulls of animals and turns them into works of art. See story, page 4. JEFF HARPER/METRO

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# Internal review launched into how patient escaped

## Investigation.

Patients at East Coast Forensic Hospital don't normally have vehicles: Clinical director



STEPHANIE TAYLOR

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Following the escape of a patient over the weekend, the clinical director at the East Coast Forensic Hospital said the hospital has launched an internal review that may lead to some policy changes.

"It's a concern if ever anyone leaves without permission," Aileen Brunet said of the situation. "So we have to look at the circumstances and see if there are things that need to be addressed or changed."

Brunet would not elaborate on how patient Mark Baltzer was able to drive his truck off hospital property on Saturday evening, saying only that the circumstances around his escape are under investigation by clinical staff and administration.

"Whenever there's an incident of someone being absent without leave, we have an in-



Aileen Brunet, the clinical director at the East Coast Forensic Hospital, addressed reporters in her office on Monday.  
JEFF HARPER/METRO

house review of the clinical situation and at times there's also a quality review," she told reporters Monday.

Baltzer, 58, was being escorted by a hospital employee in order to move his truck from one parking space to another when he drove off Saturday night at around 8:20 p.m.

The RCMP reported that he was taken into custody at around 3:20 p.m. Sunday, after police located his truck at a

home on New Britain Road in Five Islands.

A spokesperson from the Justice Department explained that hospital security is monitored by correctional services, as it shares the same building as the Central Nova Scotia Correctional Facility.

But any gradual community access a patient has falls under the responsibility of hospital staff.

Burnet said it's uncommon

for patients with community access to own their own vehicle, but some do.

She added that community access is an integral part of the hospital's role in rehabilitating and reintegrating patients back into society.

A Capital Health spokesperson explained the review is a confidential matter, but committed to, wherever possible, sharing any information or procedural changes with

## At a glance



Mark Baltzer

Aileen Brunet explained that Mark Baltzer's community access privileges have been put on hold for the next 72 hours, at which time clinical staff will determine if they should be reinstated.

the public.

Brunet acknowledged the public's concern over this weekend's incident, saying under the hospital's definition, Baltzer is considered dangerous, but believes people should be rest-assured that the hospital successfully followed its AWOL policies.

"When and if there is an (AWOL) incident, we have good policies in place to react ... we're always trying to improve," she said.

She offered no timeline of when the review will be completed.

## Dentistry investigation should be external: Official

Members of Dalhousie University's senate argued Monday that the disciplinary process facing male dentistry students alleged to have posted sexually violent comments on Facebook about their female classmates should be conducted outside the faculty of dentistry.

Philosophy professor Leti-

tia Meynell, a member of the senate, presented a motion calling on the academic governing body to take over the investigation of whether the 13 men in the Facebook group violated academic and professional standards.

"There's a real question of perception in the general public and whether it (the

faculty investigation) will be enough to restore confidence," she said during the meeting.

Meynell's motion wasn't considered because the meeting ran out of time. A majority of the senate voted against extending the meeting for 15 minutes.

Steven Baur, a professor of

music and another member of the senate, said he will call for a special meeting to consider the motion.

Baur also said he has lost confidence in the ability of the academic standards committee at the faculty to handle the complaints against the 13 male students.

THE CANADIAN PRESS

## At a glance

- The senate meeting took place hours after the university's dentistry students resumed classes after the holiday break. Students, wearing blue scrubs, refused to comment.

## Armed and dangerous

### Police seeking armed man

Police in Halifax are asking for the public's help locating a man they consider to be armed and dangerous.

On Jan. 10 around 11:30 p.m., police were called to a robbery in progress in the 0 to 100 block of Pinecrest Drive in Dartmouth.

A 34-year-old woman and a 31-year-old man were exiting an apartment building when they were approached by the suspect.

Police say the man then produced a firearm and demanded money from the woman while threatening her life.

He fled the scene on foot with some money.

On Monday, police announced that an arrest warrant had been issued for 38-year-old Douglas

David Saulnier in connection with the robbery.

He is charged with numerous offences including robbery, uttering threats and pointing a firearm. Police say Saulnier is believed to be in Dartmouth and should be considered armed and dangerous. He is described as five-foot-10, 250 pounds, with short black hair and brown eyes. He also has several tattoos on his face and neck. **METRO**

## Investigation

### Man killed after being hit by truck

Police are investigating a fatal pedestrian accident that happened outside of Halifax on Monday night.

The RCMP say a man was killed after being hit by a transport truck on Mills Drive in the Tantalol area.

The accident happened at 6:10 p.m.

A RCMP spokeswoman says the victim was on the road when he got it by the truck which wasn't carrying a trailer. She could offer no other specifics, including the victim's age. Mills Drive is located off of Prospect Road.

**METRO**

## At a glance

For more local news, go to metronews.ca





## Council. More trash talk, as changes may be coming

Halifax regional councillors will take the next steps toward finalizing changes to the city's waste management system on Tuesday, giving first reading to two distinct sets of amendments.

One allows waste haulers to transport industrial, commercial and institutional (ICI) waste outside HRM for disposal in landfills. It also raises the fee for disposing of ICI waste within HRM to \$170 per tonne, the estimated cost to HRM's system of processing the waste.

A staff report states that raising the tipping fee from the current \$125 per tonne eliminates the burden on property-tax payers who are "subsidizing" the ICI waste disposal to the tune of \$45 per tonne.

"Additionally, removing waste from the Otter Lake

### Garbage

Another change clarifies that a standard garbage can may be used as a privacy bag, and garbage inside the can may be bagged in smaller grocery-store bags or liners, but can't be loose.

site has the ability to prolong the life of each landfill cell and minimize environmental impacts at the site," states the report.

Councillors will also give first reading to changes governing household collection rules.

Those amendments allow the collection of up to six garbage bags per household every two weeks, but only one can be a privacy bag.

RUTH DAVENPORT/METRO

## Court. Case of publication ban violation set over

The case of a man charged with breaking a publication ban in a sexual assault trial in Halifax has been adjourned to next week.

David Winslow Sparks was charged in September after police alleged he posted the name of a sexual assault victim on social media.

The victim's identity is protected by a publication ban.

Defence lawyer Lyle Howe was sentenced to three years in prison in that case after a jury convicted him of sexually assaulting a 19-year-old woman in March 2011.

Howe's lawyer has filed an appeal in that case.

Sparks is due to return to Dartmouth provincial court



David Sparks THE CANADIAN PRESS

next Monday.  
THE CANADIAN PRESS

### Crime

## Rash of snowplow thefts leaves owners out in the cold

Halifax Regional Police and RCMP are warning snowplow operators to be vigilant following a series of thefts of snow-clearing equipment.

Since Dec. 10, officers have responded to nine reports of truck-mounted snowplows or salt spreaders being taken from businesses and homes all over the region.

According to a release, most of the thefts occurred in the overnight hours and in a few cases the vehicles were stolen as well, then later recovered without the snow equipment.

To prevent any snow-clearing equipment from being stolen, police are reminding people to park their vehicles inside a garage, park in a well-lit area, and keep them locked.

Anyone with information about the thefts is asked to call police at 490-5016. Anonymous tips can also be sent to Crime Stoppers. METRO



## Senior loses control of car, smashes into building

Police say no one was injured when a small car drove into a Dartmouth apartment building on Monday. Police say an elderly man was driving the car when he lost control and hit two parked cars before smashing into the front of the apartment building on Oak Street around 2 p.m. Police don't expect to lay any charges. JEFF HARPER/METRO

# Commission OKs \$76M police budget

**Finances.** HRP budget up 0.61 per cent from previous year



RUTH DAVENPORT  
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The 2015-16 budget for Halifax's municipal police force has cleared its first hurdle with only a minor quibble.

Halifax Regional Police presented the budget to the board of police commissioners' monthly meeting Monday, seeking approval for the \$76.5-million fiscal plan.

The only point of contention was the loss of \$100,000 in provincial funding for the Public Safety Officer's (PSO) position, which is being moved out of the police force and into the city's civilian

### Wages

The budget does not include the cost of wage increases for unionized police officers, as those contracts will expire this year. Increases will be covered under the HRM fiscal services budget.

bureaucracy, disqualifying it for the provincial money.

"Why can we not keep someone within Halifax Regional Police that would be part of the public safety office? We're just giving away \$100,000?" asked Coun. Linda Mosher.

The change is a result of a council decision following the report on violent crime written by criminologist Dr. Don Clairmont, which recommended making the PSO a civilian position.



A Halifax Regional Police officer is shown. JEFF HARPER/METRO

The police department will continue to fund the PSO to the tune of \$136,500, making the total cost of the change \$236,500.

The commission voted to ask regional council for a staff report on reinstating a police officer who could work with the new civilian PSO in hopes

of maintaining the provincial funding.

The budget for 2015-16 is 0.61 per cent higher than in the previous year and cites cost pressures related to increased travel, training and security requirements.

Deputy Chief Bill Moore said the department is in good financial shape and the budget includes no big-ticket expenditures that might have provoked more debate or questions.

"We are looking for some additional resources on the civilian side of the house.... We are getting some increases in travel, so we're not going backwards," he said. "We have a good budget. We're not in a place where we're slashing and burning."

Follow Ruth Davenport on  
Twitter @cnconvenientruth



# HRP not keen on crosswalk unit

Halifax Regional Police brass say they aren't prepared to move on a proposal for a dedicated crosswalk enforcement unit just yet.

HRP Chief Jean-Michel Blais presented a detailed report to the Board of Police Commissioners Monday that responded to a presentation last month by crosswalk

safety advocate Norm Collins.

Collins had proposed a six-person unit dedicated to ticketing crosswalk violations, in an effort to reduce collisions.

The unit would be paid for by the revenue from those tickets.

The report, written by

HRP Supt. Cliff Falkenham, states that Collins' proposal overstates the revenue possibilities and underestimates the cost of the unit.

It also cites a lack of clarity about how the unit would operate.

Deputy Chief Bill Moore said the force is working on a more holistic approach

to enforcement that will be based on collision data — which is still being compiled.

"I want to make sure that if we come to the board and we ask for \$600,000, we know exactly what we're going to do with those resources," he said. "At this point, we're not ready to do it."

# Local artist makes no bones about making art out of bones

**Animal canvas.** Nikki Barnett of Dartmouth says she loves creating 'lovely' art working with a medium that 'used to have a soul'

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For most artists, the canvas might be a thick sheet of paper, a wooden frame or a sturdy fabric.

For Nikki Barnett, there is no better canvas than the dried bones of an animal.

Laid out carefully in Barnett's studio, a room brightly lit by hanging paper spheres, the skulls of coyotes and racoons come to life with bright paint and shimmering jewels.

The largest of the bones is a deer skull with sprawling antlers, the first piece of her collection. Its left eye is lined with a string of shiny pearls and silver buttons run along its nose.

"The buttons are family heirlooms," Barnett said Monday from her two-storey Dartmouth home. "They belonged to my grandmother."

Inspired by a visit in

## Available online

Honouring Animals in Art will be launched on Etsy, an online marketplace for artists. Nikki Barnett said it will be a great way to integrate her jewelry pieces into her work.

October to Mexico's Day of the Dead festival, Barnett is launching a business selling decorated animal bones. She's calling it H.A.I.A., which stands for Honouring Animals in Art.

"I love the fact that you're working with a medium that used to be somebody," the 35-year-old artist said. "It used to have a soul."

So far, Barnett has decorated a muskrat, a racoon, a coyote, a duck, a seagull and several deer skulls. She also has designed a pair of earrings made of chicken vertebrae. Barnett said she is looking to expand her business to domestic animals, such as dogs and cats.

"I didn't start out intending to go into a business with this," she explained. "The idea sort of snowballed."

Barnett said she was recently approached by a



Dartmouth artist Nikki Barnett poses for a photo in her studio with some of her animal art on Monday. JEFF HARPER/METRO

## Quoted

"If I was decorating something that had passed away that was significant to someone, I would definitely want to incorporate their life and lifestyle. That would be pretty important." Nikki Barnett

family member and asked if she could decorate the skull of his deceased pit bull.

"He was talking about digging him up and getting something made with his bones. I imagine there might be a market for this," Barnett said.

Most of the bone pieces are placed in frames with uniquely decorated backgrounds to be mounted on the wall. Barnett uses anything from recycled jewelry to shimmering peacock feathers to garnish the bones.

Preservation is an important part of the process for Barnett.

She was recently given a coyote skull pockmarked with bullet holes, and explained it didn't feel right for her to use bright colours on something that died vio-

lently. Instead, she dripped black paint down the front of the skull into the teeth and accentuated the bullet holes with stones.

"Creatively, it's lovely," Barnett said. "I go to a different place when I'm working on them."

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## Man leaves slithery guest in Ontario motel on way to N.S.



A boa constrictor METRO FILE

A central Ontario motel manager found a strange visitor lodging in one of the rooms on the weekend.

Police were called to the motel in Owen Sound on Saturday after the manager discovered a 1-1/2-metre-long super salmon boa constrictor.

Officers were able to wrangle the slithery customer and take it to a local pet store.

Further investigation revealed the reptile's 25-year-old

owner had been renting a room for the past month before travelling to Nova Scotia.

When contacted, the man told police he had left instructions for a friend — the snake's original owner — to retrieve the boa constrictor and take it to a pet store.

The friend never showed up and the snake was left alone in the room for five or six days until it was discovered.

THE CANADIAN PRESS





## Warm weather not ruffling feathers in the city

A lone seagull is reflected in some melting ice on the Northwest Arm on Monday. Temperatures rose above zero on Monday, but are expected to drop to -12 C on Tuesday. JEFF HARPER/METRO

# Feed Nova Scotia halts Learning Kitchen, Helpline

Feed Nova Scotia is discontinuing its role with Helpline and Learning Kitchen this March, but is hoping the programs live on through other organizations.

According to a Monday afternoon release, executive director Nick Jennery said the group is discontinuing the programs by March 31 to strengthen other services in Nova Scotia.

Other agencies have expressed interest in taking

over the programs, the release said.

Helpline is a toll-free service responding to 20,000 calls a year on food security, mental health, bullying, sexual violence and addiction.

Hours will be reduced to noon to 11 p.m. beginning on Jan. 19, and volunteers will suggest alternative services to callers.

Nine students now enrolled in the Learning Kitchen will be the final class,

and will finish in March. The kitchen prepares about 2,500 meals per week to shelters and soup kitchens, but Feed Nova Scotia is hoping to share their curriculum and support other groups who want to deliver a similar program.

According to Feed Nova Scotia, more than 250 students have graduated from the Learning Kitchen, which is focused on adults who face barriers to employment and gives them the skills for a

Service

## 20,000

Helpline is a toll-free service responding to 20,000 calls per year on food security, mental health, bullying, sexual violence and addiction.

culinary career. Students get 12 weeks of training under a Red Seal chef and a work placement. **METRO**

# Ferry talks still ongoing

**Nova Star.** Public should be able to book trips over next few weeks: Operator

Volume

## 59,000

The number of passengers the Nova Star carried in its inaugural season.

The province may be in the process of negotiating a new contract for the Nova Star ferry service, but Nova Star Cruises says it's already preparing for the season ahead.

Both sides say a lack of public information over the past few months is not a cause for concern.

"It is our intention that there is going to be a ferry service between Yarmouth and Portland for the 2015 season," said Michel Samson, the province's minister of economic and rural development and tourism.

"It's a complicated type of service in that you have different partners that are involved, different agreements that are required."

The initial agreement expired at the end of the first sailing season when \$21 million designated for the first seven years was used up in Year 1. The province provided another \$5 million to help cover expenses.

Asked last week if the contract is for the upcoming season or multiple years, Samson said it will have "a variety of options"

depending on how the 2015 season goes.

Nova Star Cruises CEO Mark Amundsen said the contract must be finalized before the sailing dates can be confirmed.

Amundsen said motor coaches have already booked trips, and the public will likely be able to start reserving spots in the next few weeks.

Argyle-Barrington MLA Chris d'Entremont has questioned why a KPMG financial report has not been released and said his residents are worried too much money went into the ferry.

"At what point does government look at this and say this is not working? Right now we don't see a reaction by government," D'Entremont said.

Yarmouth MLA Zach Churchill said the biggest threat to the ferry service is negativity.

"This is a new company. It's one year in, and there is going to be hitches along the way, but we need to stay focused on the positive," he said. **YARMOUTH VANGUARD**

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## International push. Probe missing, murdered native women cases: Rights group

An international body has joined Canadian domestic calls for a national inquiry into missing and murdered aboriginal women and girls.

A report from The Inter-American Commission on Human Rights, an arm of the Organization of American States, says an inquiry or national action plan is needed to get at the root of the problem.

The report, issued in Washington, followed an investigation the commission conducted in Canada in 2013. The body spoke with government officials, opposition politicians and native representatives in both Ottawa and British Columbia.

"The IACHR considers that there is much more to understand and to acknowledge in

### Activists react

Canadian activists who have been pressing the federal government for just such an inquiry welcomed the report.

relation to the missing and murdered indigenous women," the report said.

"This initiative must be organized in consultation with indigenous peoples, particularly indigenous women, at all stages."

The report said aboriginal women in Canada are murdered or disappear at a rate four times higher than their representation in the population. **THE CANADIAN PRESS**

## Taser death. Perjury case against Mounties to proceed

An RCMP officer who stunned Robert Dziekanski with a Taser at Vancouver's airport lost an attempt Monday to dismiss a perjury charge related to his testimony at a public inquiry.

Const. Kwesi Millington was among four officers who confronted Dziekanski during his fatal encounter with police in October 2007, and all four were later charged with perjury over their testimony given at a public inquiry two years later.

The Crown, which alleges the officers colluded to lie to investigators and then perjure themselves at the inquiry, wrapped up its case against Millington late last year.

Millington's lawyer then made an application to end the trial and throw out the charge, arguing the Crown had produced no evidence that could support a conviction.



RCMP Const. Kwesi Millington  
DARRYL DYCK/THE CANADIAN PRESS

But B.C. Supreme Court Judge William Ehrcke said the Crown had put forward some evidence that, if true, could support a guilty verdict, though he cautioned that his ruling had no bearing on whether Millington would eventually be convicted or acquitted.

**THE CANADIAN PRESS**

### Too cold for elephants?

## Edmonton Valley Zoo under fire

An international animal rights group has named Edmonton's Valley Zoo to a "Hall of Shame" for not moving its lone elephant, named Lucy, to a warmer climate. In Defense of Animals says the label is reserved for zoos that refuse to make changes within a reasonable time that would benefit their elephants. Activists say Edmonton's winter is too harsh for the elephant. **THE CANADIAN PRESS**

### Lac-Mégantic

## Settlement not enough: Official

The funds earmarked for those affected by the Lac-Mégantic train disaster represent just a fraction of what's needed, a town official says. A \$200-million US settlement was announced last week, with more than half of the money going to various levels of government. About \$50 million is destined for relatives of the 47 people who died in the July 2013 disaster, but it could rise. **THE CANADIAN PRESS**



## Three climbers found dead in B.C.

A rescue-crew member heads to a helicopter in Pemberton, B.C., north of Whistler, on Monday to search for three missing ice climbers. The climbers were eventually found dead in a crevasse about 300 metres below Joffre Peak. Police are not releasing the names of the victims at this time, but described two of them as a man and woman in their mid-30s from the Metro Vancouver area and the third as a woman in her late 20s who was an international visitor, according to police. **DAVE STEERS/THE CANADIAN PRESS**

# Mounties arrest a third man in alleged terror plot

### Bound for India.

Suliman Mohamed is facing terrorism-related charges, along with twin brothers Ashton and Carlos Larmond

with conspiracy to participate in a terrorist activity with two other Ottawa men.

On Friday, 24-year-old twins Ashton Carleton Larmond and Carlos Honor Larmond of Ottawa were charged with various terrorism-related offences.

The RCMP says Carlos was arrested at Montreal's Pierre Elliott Trudeau Airport as he was intending to travel overseas for terrorist purposes. The Mounties did not say where he was headed.

The Canadian Press has since learned he was bound for India, though it is unclear if that was his final destination.

Ashton, who played pickup hockey on a men's team, was arrested in Ottawa.

Joseph Addelman, a lawyer for the brothers, said Saturday they planned to vigorously dispute the charges.

They are due for a second

court appearance Feb. 12.

Mohamed was scheduled to appear in court Tuesday morning. But as of Monday very few details were made public about what the three were alleged to have done.

The Mounties said they would not be providing additional details, given that the matter was now before the courts.

Chief Supt. Jennifer Strachan, criminal operations officer for the RCMP in Ontario, said the arrests underscore the reality that there are individuals in Canada who have become radicalized to a violent ideology, "and who are willing to act upon it."

The RCMP thanked Integrated National Security Enforcement Team partners from the Ottawa Police Service and the Ontario Provincial Police.

Canada and other western

### New laws may be coming

The government is contemplating new laws in response to the October 2014 attacks in which two soldiers — one at the National War Memorial, the other in St-Jean-sur-Richelieu, Que. — were killed.

- It has also introduced changes to strengthen the ability of Canada's spy service to probe terror suspects overseas.

nations fear that citizens who go abroad to take part in the Islamic State of Iraq and the Levant's guerrilla-style battles could come home with intent to do harm. The latest arrests have rekindled discussion about homegrown radicalization. **THE CANADIAN PRESS**

## Man convicted of weapons charge claims racial profiling

A man convicted of a gun offence takes his case to Ontario's top court on Tuesday to argue he was a victim of "racial profiling."

In a factum filed with court, lawyers for Richard Steele say his trial judge erred in failing to properly consider evidence of racial profiling in finding him guilty.

In 2010, an Ontario Superior

Court justice convicted Steele of concealing a loaded handgun under the front passenger seat of his mother's car after being pulled over in Hamilton. There were four black men in the car.

Court documents show his lawyer, Anthony Moustacalis, says the gun the officer found should have been excluded as evidence, because Const. Yvonne Stephens conducted an

### Crown's reaction

The Crown denies racial profiling had anything to do with the incident, and says the officer's behaviour was not unusual or racist.

improper search of the vehicle. Moustacalis also maintains

police pulled the vehicle over only because of the driver's race.

He says the officer's request to help the driver find the vehicle's insurance card — which led to the discovery of the gun under the seat — was "bizarre" and did not amount to obtaining informed consent for the search.

**THE CANADIAN PRESS**



# France hunts for accomplices to 3 dead extremist attackers

**Mission to protect sensitive sites.** Country mobilizes 10,000 troops

As many as six members of a terrorist cell involved in the Paris attacks may still be at large, including a man who was seen driving a car registered to the widow of one of the gunmen, police officials said Monday.

Two French police officials told The Associated Press that authorities were searching the Paris area for the Mini Cooper registered to Hayat Boumeddiene, the widow of Amedy Coulibaly. Turkish officials say she is now in Syria.

The French police officials spoke on condition of anonymity because they are not authorized to discuss details of the investigation with the news media.

France deployed 10,000 troops to protect sensitive sites, including Jewish schools and neighbourhoods, in the wake of the attacks that killed 17 people last week. Brothers Cherif and Said Kouachi, as well as Coulibaly, their friend who claimed ties to Islamic extremists in the Middle East, died Friday in clashes with police.

Prime Minister Manuel Valls said the manhunt is urgent because "the threat is still present" after the attacks that began Wednesday with 12 people killed at the satirical newspaper Charlie Hebdo by gunmen the police identified as the Kouachi brothers.

Authorities said Coulibaly killed a policewoman Thursday and then killed four people at a kosher supermarket Friday before all three

**Anti-Islam rally**

## German march attracts 25,000

A weekly anti-Islam rally in the eastern German city of Dresden drew its biggest crowd yet on Monday, after organizers declared it a tribute to the victims of the terror attacks in Paris. Organizers said 40,000 people participated in the march, while Dresden police put the figure at more than 25,000 people — still more than the 18,000 who came last week.

attackers were slain in two nearly simultaneous clashes with security forces around Paris. **THE ASSOCIATED PRESS**



One of the 10,000 armed troops deployed to protect sensitive sites, including Jewish schools, patrols outside a Jewish School in the Marais district of Paris as children make their way home on Monday. JEFF J. MITCHELL/GETTY IMAGES

**Quoted**



**"It's fair to say we should have sent someone with a higher profile."**

White House spokesman Josh Earnest, making a rare public admission of error on behalf of the Obama administration, on the decision to let the U.S.'s ambassador to France be the most senior government official to attend Sunday's anti-terror rally in Paris.



**"Doesn't the intelligence service there follow those who have been released?"**

Turkish President Recep Tayyip Erdogan, on why two of the gunmen in the attacks in France were not monitored more closely after serving their prison sentences.

**Rumours of death**

## Fidel Castro writes letter to Maradona

Fidel Castro on Monday sent soccer legend Diego Maradona a letter written to quash rumours of the Cuban leader's death, state-run television network Telesur reported. **THE ASSOCIATED PRESS**

**Crashed AirAsia jet**

## Flight data recorder pulled up from sea

AirAsia Flight 8501 crashed into the Java Sea on Dec. 28; on Monday, the flight's data recorder was pulled up from the bottom of the shallow sea. The cockpit voice recorder was also located but had yet to surface. **THE ASSOCIATED PRESS**

**U.S. military**

## Central Command sites hacked

Hackers claiming to be working on behalf of Islamic State militants seized control of the Twitter and YouTube sites of the military's U.S. Central Command on Monday, but the Pentagon swiftly suspended the sites. **THE ASSOCIATED PRESS**

## Pakistan. School reopens after Taliban massacre

Pakistani children returned on Monday to the school where Taliban gunmen killed 150 of their classmates and teachers last month, clutching their parents' hands tightly in a poignant symbol of perseverance despite the horrors they had endured.

It was the first time the school had reopened since the assault, and security was tight. The nation has been reeling from the Dec. 16 terrorist attack in Peshawar — one of the worst Pakistan has experienced. The violence carried out by seven Taliban militants heaped pressure on authorities to end the stubborn in-

surgency that kills and maims thousands every year.

The massacre also horrified parents across the nation and prompted officials to implement tighter security at schools.

For Peshawar parents like Abid Ali Shah, Monday morning was especially painful as he struggled to get his sons ready for school, something his wife used to do. She was a teacher at the school and was killed in the violence. Both of his sons attended the school. The youngest was shot in the head but survived after the militants thought he was dead. **THE ASSOCIATED PRESS**



Mohammad Baqair, who survived a Taliban attack on a military-run school last month, but lost his mother in it, flashes a victory sign on his way back to the Army Public School in Peshawar, Pakistan on Monday. MOHAMMAD SAJJAD/THE ASSOCIATED PRESS

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## Keystone XL. Pipeline clears Senate hurdle

The Keystone XL pipeline has passed a major procedural hurdle in the United States Congress.

The U.S. Senate has agreed to move forward on a bill that would force President Barack Obama to approve the controversial Canadian oil infrastructure.

This is the first bill to advance in the newly sworn-in Congress, and represents a demonstration of the new power wielded by the Republican party since the midterm elections.

Similar measures had repeatedly failed in the last Sen-

ate, controlled by Democrats — but this time the measure has got 63 votes, three more than required to override a filibuster. The Senate's Bill 1 now moves back onto the floor for additional debates, which could lead to major amendments.

But there's one fly in the ointment for pipeline supporters: President Obama has already signalled he'll veto the bill because he says it's up to his administration, not lawmakers, to approve or reject cross-border infrastructure.

THE CANADIAN PRESS

## Gros Morne. Artists push for buffer around park

Canadian artists, writers and musicians ranging from Hey Rosetta to novelist Joseph Boyden are pushing for action to protect Gros Morne National Park in western Newfoundland.

They've signed an open

letter to Prime Minister Stephen Harper and Newfoundland and Labrador Premier Paul Davis urging a buffer zone to prevent hydraulic fracturing and other development near the UNESCO world heritage site. THE CANADIAN PRESS

## Mounties balk at paying Rogers to get their man

**New fees.** Dispute simmering over who should pay when the force asks for help in investigating cases

The RCMP and many other police forces are refusing to pay new fees imposed by Rogers Communications for helping track suspects through their mobile phones.

Police say the telecommunications firm is legally obligated to provide such court-ordered services and to cover the cost as part of its duty to society. Rogers says while it picks up the tab for most judicially approved requests, in some cases it will charge a minimal fee.

The quietly simmering dispute began late last May when Rogers wrote to RCMP divisions and other police services across Canada to say it would usher in new fees to law enforcement on Aug. 1. The fees applied to help in



A phone displays the RCMP website in this photo illustration.  
DOUG IVES/THE CANADIAN PRESS

executing warrants for tracking customers' movements through cellphone data, and for production of affidavits certifying records in cases where testimony is required to explain the records in court.

The note, obtained by The Canadian Press under the Access to Information Act, points to a 2008 Supreme Court of

Canada decision in which the judges said companies would generally be expected to comply with court orders on their own dime unless costs became unreasonable. In that case, the court said it was not unreasonable for Tele-Mobile Co. to pay annual costs of between \$400,000 and \$800,000 to comply with production orders. THE CANADIAN PRESS

### Business outlook

#### Cheap oil dims energy sector: BoC

The Bank of Canada's business outlook survey found companies in Western Canada planned to reduce investments in equipment and hiring following the oil-price collapse, while Eastern and Central Canadian companies said they were planning to invest more, particularly in manufacturing. THE CANADIAN PRESS

### Market Minute

**DOLLAR**  
83.56¢ (-0.71¢)

**TSX**  
14,265.01 (-119.91)

**OIL**  
\$46.07 US (-\$2.29)

**GOLD**  
\$1,232.80 US (+\$16.70)

**Natural gas:** \$2.795 (-15.1¢)  
**Dow Jones:** 17,640.84 (-96.53)

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## VOICES

# GET ON THE CONSULTATION BUS

Take note, Halifax transit hater: Now's your chance to influence decisions that could shape transit policies for 30 years to come



**YOUR RIDE**  
ERICA BUTLER

If you think Halifax Transit sucks, 2015 will be your year.

Any day now, transit officials will release their proposed new bus network, which, if it follows the principles laid out, promises to transform, radically, how things work. Once it's out there, we'll have about 10 weeks to weigh in.

Now, before you shrug off yet another empty public consultation effort, please take note. After their last round of consultations in 2013, Halifax Transit did an amazing thing: It responded to what people said. Going into the surveys and public meetings, staff was planning to simply tweak the system. Afterwards, they asked council to blow the thing up.

Which brings us to this year.

This round of consultations will be different. Instead of entertaining abstract and deceptively simple concepts such as "transfer-based" or "single-seat ride," we will be looking at the nitty-gritty details of a whole new network.

Some of us who endorsed a high-frequency grid last January may find ourselves bemoaning the loss of routes that we've relied on since, well, forever.

Our current system may be flawed, but it works well enough that 12.5 per cent of us take it to work every day.

So how will those folks feel when their usual commute has been rerouted?

Or, God forbid, when they have to change buses to get to their destination?

If I were Halifax Transit manager Eddie

### Change is going to come

**I say, "Bring on the change." I'm ready to give up the comfort of the devil I know for something that promises to be more cohesive, more navigable, and more efficient for everyone.**

Robar, I'd be a bit afraid.

The same public who demanded a complete overhaul in 2013 may just balk at the magnitude of the change they've asked for once it's laid out in detail.

In fact, recent announcements indicate that Halifax Transit has already scaled back its redesign in order not to disturb popular routes.

I say, "Bring on the change." I'm ready to give up the comfort of the devil I know for something that promises to be more cohesive, more navigable, and more efficient for everyone.

By the end of this month, Halifax Transit will finally show its hand, and Robar is promising to listen to what people have to say in the following 10 weeks.

So if you've ever entertained a thought about the bus in Halifax, be it full of expletives or otherwise, the time is now to get on the record and possibly influence how transit will work in this city for the next 30 years.

Make sure you don't miss the bus.

*Erica Butler lives in Halifax and uses transit, a car and a bicycle to get around the city. You can follow her on Twitter at @HabitatRadio.*



Mayor Mike Savage, left, jokes around with Eddie Robar in July, during a Halifax Transit funding announcement at the Canada Games Centre. METRO FILE

### Introducing Your Ride

Metro is proud to introduce Your Ride, a weekly transit column about how you get around town - be it by transit, bike, car or foot.

• Do you have a transit idea? Shoot us an email at [readers@metronews.ca](mailto:readers@metronews.ca).

# Yes, violence abounds, but peace is on the increase



**ROBSON FLETCHER**  
[readers@metronews.ca](mailto:readers@metronews.ca)

Last week, the world was shocked by the brutal attack on the Charlie Hebdo newspaper headquarters in Paris.

Within the past few months there's been the deadly shooting on Parliament Hill, the massacre at a school in Pakistan, a passenger plane shot out of the sky over Ukraine.

Last decade brought us the Sept. 11 attacks, the Iraq war, and the genocide in Darfur.

All of this violence, all of this savagery, all in real-time.

We live in an era in which the worst of humanity is live-streamed, live-tweeted, or live-broadcast (now in high definition!) for immediate consumption and maximum emotional impact. The inundation of gruesome imagery, understandably, can make it seem like the world is a frightening and increasingly violent place.

Yet, we also live in an era that's been described by Canadian-born Harvard professor Steven Pinker as likely the least violent — ever.

"Today, we are probably living in the most peaceful time in our species' existence," Pinker said, citing a plethora of historical and recent data, during a speech at the TED conference in Monterey, Calif., in March 2007.

By the end of that year, New York City — once known for its sky-high crime rates — had seen its fewest homicides since the NYPD started keeping detailed records in 1963. Since then, the low-murder mark has been broken four more times, in 2009, 2012, 2013 and 2014.

Last year saw just 332 homicides in the United States' largest city, down from its staggering peak of 2,245 murders in 1990. The country, as a whole, has seen its murder rate cut in half in the last quarter-century.

Canada has followed a similar trend. Our murder rate peaked in 1975 at 3.03 per

100,000 people, then dropped steadily to just 1.44 in 2013 — the lowest rate since 1966.

All of this is continuing a long trend that has been observed over centuries by Manuel Eisner, a comparative criminologist at the University of Cambridge.

"Serious interpersonal violence decreased remarkably in Europe between the mid-16th and the early 20th centuries," he wrote in a major study on the topic.

Eisner focused largely on homicides and crime — but, when it comes to large-scale violence, the world also has become increasingly peaceful.

The number of people killed in armed conflicts has plummeted in the past half-century, according to the Vancouver-based Human Security Report Project, which measured "state-based battle deaths" per million humans.

In 1950, the rate stood at 236. By 1971, it was 101. During the 1990s, it had dropped to about 15.

But the most peaceful decade, by far, was

the first part of the 21st century, with roughly three people killed per million, per year, in war.

And it's not just state conflicts, although those have historically claimed the most lives, by a large margin. As Pinker observed: "Since the end of the Cold War there have been fewer civil wars, fewer genocides — indeed a 90 per cent reduction since post-World-War-II highs."

None of this is to minimize the suffering that so many people continue to experience today. Civil war rages on in Syria. Boko Haram continues to slaughter and inflict unimaginable horror on the people of Nigeria. Terrorists continue their attempts to intimidate free societies. Murderers continue to kill men, women and children.

The world, in many ways, is still a terrible place.

But it's getting better.

*Robson Fletcher is a reporter for Metro Calgary.*



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## Gossip

## NED EHRBAR

METRO'S TAKE ON  
THE WORLD OF  
CELEBRITIES



Harry Styles ALL PHOTOS GETTY IMAGES UNLESS NOTED

## Harry is dating in style but wants to keep it secret



One Direction's most likely solo artist, Harry Styles, has earned himself another celebrity merit badge — this time for Victoria's Secret model-dating. Nice work, Style!

The floppy-haired crooner has reportedly been getting quite cosy with Nadine Leopold as of late.

"Harry has been getting more serious with Nadine,"

Nadine Leopold

a source tells Us Weekly, adding that the pair are "spending lots of time together" lately.

But another source insists we shouldn't read too much into their quality time.

"Harry is having a good time being a young rock star," the second source says.

"You will know he has a girlfriend when he steps out on the red carpet with one."

"Until then, he's having fun and enjoying life."

I guess that's us told. Still, congratulations?

## Stars shed their clothing as Golden Globes venue cranks up the heat

If you thought the stars at the Golden Globes looked a little shinier than usual, you're not wrong.

Turns out the air conditioning at the Beverly Hilton just wasn't on Sunday night. Couple that with the rain that plagued Los Angeles all weekend and you've got one humid ballroom, illustrated by glistening presenters, multiple men — like Benedict Cumberbatch and Matthew McConaughey — ditching their jackets, and actresses furtively fanning themselves.

One attendee even passed



Benedict Cumberbatch

out at his table, prompting a visit from paramedics during the show. Fun times.

## Is Beyoncé's bump a baby or just a saucy daughter?

It seems Beyoncé can't even enjoy a simple afternoon of being buried in sand by Blue Ivy without everyone jumping to the conclusion that she's expecting again.

But that's probably because her three-year-old daughter decided to give her a rather noticeable bump in

sand sculpture form.

Beyoncé posted an Instagram pic of herself under the sand, and set off a firestorm of speculation.

Maybe this really is her way of announcing the news? Or maybe Blue Ivy is just being extra-critical at a surprisingly young age.



Beyoncé INSTAGRAM



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Mark Ronson is the mastermind behind Uptown Funk, the No. 1 song in the U.S. right now, but he's still referred to as "the white guy in the Bruno Mars video." GETTY IMAGES

# Mark Ronson loves being all funky up

**New album.** Producer has No. 1 song in the U.S. as he gets ready to release Uptown Special

Mark Ronson has multiple Grammy Awards and the current No. 1 song in the U.S. and U.K. Still, he had to agree when a photographer recently called him "the white guy in the Bruno Mars video."

Ronson, soft-spoken and analytical, is happy to stand just outside the spotlight as he promotes Uptown Special, his fourth album, out today. He recorded over the last year with producer Jeff Bhasker (Kanye West, fun), and enlisted author Michael Chabon, who won the Pulitzer Prize for fiction in 2001 for the novel The Amazing Adventures of Kavalier & Clay, to write lyrics.

The 39-year-old British producer partnered with Mars on the hit Uptown Funk, a throwback tune influenced by early 1980s funk groups like The Time. It's become the biggest hit for Ronson, best known for producing Amy Winehouse's Back to Black.

Ronson spoke at Bhasker's poolside music studio in Venice about collaborating with

Chabon and Mars, whom Ronson worked with on the crooner's hits Locked out of Heaven and Gorilla.

**You've had success as a writer and producer, but Uptown Funk is a huge hit that's your song. How significant is that to you?**

I know of course it has so much to do with Bruno. It's like even if the record was garbage, it's Bruno Mars, you're guaranteed a certain level of attention, right? ... I'm as proud of (Uptown Funk). ... It's awesome, but at the same time it almost feels like it's happening to somebody else.

**Are you taking tips from Mars on how to handle the attention? He seems to thrive on energy of fans, but I don't get the sense that you do.**

When you're going on tour and you get to play these songs that you wrote and get the thing from the crowd, that is fun. But when you're standing next to somebody like Bruno Mars — probably, maybe the greatest male live performer-entertainer of his generation — there's no need to try and claw some of the spotlight for yourself ... There was some MTV thing that (called us) 'Pop's new power couple.' ...

I just wrote him an email. I was like, "Is it weird that I get a nice feeling when someone calls us a power couple? As if we're Barry Diller and Diane von Furstenberg or something. Do we need a name — like Brark Manson?"

**Once Michael Chabon gave you lyrics, you had to say no to some of them. What's that feel like?**

So I would have a piece of music and Michael would have these amazing lyrics, much cooler and more interesting than anything I've ever worked on, which is why I asked him to be a part of it. But maybe sometimes I'd realize it was more interesting than I was even with my pop sensibility attuned to. Some of the lyrics, they were Leonard Cohen-like — these stories of these kind of dark people that were awesome but maybe for the music that I'd written it didn't seem to fit. ... Jeff (Bhasker), in his endearing but super-blunt way, has these really adamant rules about songwriting. "These words, no you can't say that 'cause that word doesn't sing well and you have to have more repetition here, nobody's going to want to hear that."

THE ASSOCIATED PRESS

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**SOUND CHECK**  
Alan Cross  
scene@metronews.ca



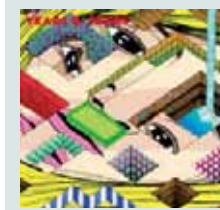
## Continental Shelf/Viet Cong

Rising from the rubble of Calgary's well-regarded Women, Viet Cong's highly anticipated self-titled album will be out next Tuesday. An early contender for the 2015 Polaris Music Prize?



## Firefly/Hollerado

The boys from Ottawa promised that the first 111 fans to pre-order their last record would get a custom-written song about them. The results are on 111 Songs, due March 24. Here's 1/111th of that record.



## King/Years & Years

Every January, the BBC conducts a poll of music wonks to determine which new artist has the best chance of breaking out over the next 12 months. Previous winners have included 50 Cent, Keane, Adele, Haim and Sam Smith. This year's winners are from London.

## Gizmo Domestic Short Hair

The first thing you will notice about three-year-old Gizmo is his dazzlingly shiny, solid ebony coat. The second thing you will notice is how eager he is to make friends. This loving lad is well-mannered and practically falls all over himself rushing to greet you the moment his kennel door opens. Every member of our staff and volunteer teams have fallen in love with Gizmo and we think you will too. Gizmo is happy, good-natured, and bursting with love and should do well in just about any fur-friendly home. **He is waiting to meet you...**



For more information on Gizmo and other adoptable furry friends, visit [www.pas.spcans.ca](http://www.pas.spcans.ca) or contact the Nova Scotia SPCA Provincial Animal Shelter at 902-468-7877 or [info@pas.spcans.ca](mailto:info@pas.spcans.ca)

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**METRO IS A PROUD SUPPORTER OF ADOPT AN ANIMAL WITH THE SPCA**



If 2014 felt light on compelling albums it's likely because several of music's marquee artists took a 12-month sabbatical with an eye on 2015. Thus, there's plenty to be excited about over the next year. Here are eight of the most awaited albums expected in 2015, ranked in alphabetical order by artist

## THE CANADIAN PRESS

## Belle &amp; Sebastian

The Glaswegian melodic artisans have yet to place a wrong foot in their nearly 20-year career, with 2010's lived-in *Write About Love* standing as another winsome triumph. Elastic-limbed new single *The Party Line* certainly augurs well for *Girls in Peacetime Want to Dance*, their first new full-length in nearly five years. **Release date: Jan. 20**



## Bjork

The Icelandic iconoclast has been collaborating with Venezuelan producer Arca (who contributed to Kanye West's brilliant *Yeezus*, as well as his own well-regarded debut *Xen*) for her followup to 2011's *Biophilia*. That album was actually an ambitious multi-pronged multimedia suite, and while it earned the 49-year-old typically enthusiastic critical praise, her forthcoming ninth album would benefit from a renewed focus on songwriting. **Release date: unknown**



## Drake

The Toronto rapper took 2014 off — if you can call it a year off after contributing some top songs (*Trophies* and *0 to 100*), features (on *iLoveMakonnen*'s irrefutable Tuesday) and memes (rolling lint at a Raptors game). A savvy pop prognosticator, Drake's new record might be called *Views From the 6* and seems likely to influence more than just his hometown's nickname *du jour*. **Release date: unknown**



## Grimes

The Montreal composer, born Claire Boucher, casually tossed off one of 2014's most indelible bangers in *Go*. She had also been working on the followup to 2012's *Visions*, but she told the *New York Times* she threw that album away and started again, raising expectations that were already high after her last standard-setting collection of idiosyncratic electronic pop. **Release date: unknown**



# 8 hotly anticipated albums

## Kendrick Lamar

So high are our collective expectations for the dexterous Compton rapper's followup to insta-pillar *Good Kid, M.A.A.D City* that his recent comeback single, called *i*, was initially deemed a defanged disappointment. Well, the earthy Isley Brothers-derived tune has given Lamar his fourth Top 40 hit *Stateside* (and his highest-charting track in Canada) and most likely pulled even more people into the waiting room for his next appointment. **Release date: unknown**



## Miguel

A new album from the spry, restlessly talented R&B songwriter was once due for last fall, two years after the release of his splendid second LP *Kaleidoscope Dream*. Instead, we got only a three-song set from the 29-year-old, headlined by the sticky thump of *nwa*. That December mini-release only whet appetites for the Grammy winner's worried-over third episode. **Release date: unknown**



## Frank Ocean

Wishful thinking, perhaps, but Ocean must be due. The New Orleans-reared singer's official debut *Channel Orange* turns three in July, and — in his rare resurfacings — he's reported progress on a followup. Given Ocean's exacting standards, it's easy to imagine that he could stay still for another year — but let's think positive. **Release date: unknown**



## Rihanna

The typically punctual RiRi has been silent since 2012's *Unapologetic*, which completed a run of four albums in less than four years (they all went platinum). A new record feels inevitable, in more ways than one: Her 13 career No. 1 singles tie her with Michael Jackson for third place all-time. **Release date: unknown**



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# Science versus celeb culture

**New book.** Author Timothy Caulfield reveals how much we're being duped by celebrities' advice on well-being

IZABELA SZYDLO  
life@metronews.ca

Demi Moore has used leeches to detoxify her blood. Katie Holmes swears by snail slime to clear acne and reduce wrinkles. Gwyneth Paltrow is an avid promoter of, well, all things health — including the ever-popular cleanse.

But do any of these or other celebrity health endorsements and advice hold any scientific weight?

For his book *Is Gwyneth Paltrow Wrong About Everything?*, Canadian author, professor and health policy expert Timothy Caulfield spent a year not only extensively researching and talking to a myriad of experts, but also trying some celebrity-recommended health, diet and beauty routines.

**Gwyneth's name appears in the title and she is peppered throughout the book. Why is she such an easy target?**

I genuinely like her and she seems like a sensible person, which is one of the reasons I was so fascinated by her. But she gives very explicit advice about our health, which does make her a pretty easy target in this area.

**The book looks at the illusions that anyone can be a celeb and that celeb status is worth having, but focuses mainly on health and wellness. What are the dangers of buying into the pseudoscience of celeb**



Gwyneth Paltrow uses the blog of her e-commerce site, Goop, to promote the Clean Cleanse, which she swears by. Caulfield found that no scientific study appears to back up the theories put forth by the detox industry that cleanses clear toxins, parasites or even bad karma in a manner beneficial to our health. GETTY



Timothy Caulfield. LUCY HAINES/METRO

## health advice?

It pulls us away from the simple truth of what we need to do to be healthy. It also helps to legitimize pseudoscience, which hurts our ability to be a critical thinking society. In addition to that, the solutions that are offered are about short-term results using drastic measures for the purpose of achieving a particular esthetic goal.

**You debunk a lot of hot topics — gluten-free, organic, drinking water to hydrate your skin, anti-aging creams, supplements, vitamins and more. What surprised you the most?**

I was really surprised at how little good science there was on beauty and anti-aging products. There's nothing out there that's independent and really trustworthy considering billions of dollars are spent in this industry. The other one is juicing. It may give you variety in your vegetable and fruit intake but there's certainly nothing magical about it. It doesn't enhance anything health- or nutrition-wise.

**You mention keywords we should be aware of such as detox, toxins and cleanse.**

**Why do you think they appeal to people?**

"Detox" is a semi-scientific sounding word and it pulls on our instinctive belief in how our body works. Therefore, it helps to legitimize the idea of a cleanse. Who wants toxins in their body? And it plays to people's fears about pollutants in our world and food, and offers a "solution" to that problem.

**How frustrating is it for you, having written this book, to know that celebrity voices trump science?**

It is very frustrating but that's one of my big conclusions now: The scientific, research, university and health care communities, we need to become part of the discussion. And the other thing I think is really important is having a

## Tim's top health tips



In the book *Is Gwyneth Paltrow Wrong About Everything?*, hitting shelves today, Tim includes the tried and tested ways to a healthy life.

- Don't smoke.
- Stay active, exercise regularly, and include some vigorous activities.
- Eat a balanced and calorie-appropriate diet that includes lots of fruits, vegetables, whole grains, lean protein, etc.
- Maintain a healthy weight (tough, I know).
- Wear sunscreen.
- Get an appropriate amount of sleep (which, for most, is between seven and nine hours a night).

trustworthy source of information that's independent and that people feel isn't coming from a compromised place. I hope the book isn't a downer, but liberating, so people don't have to worry about all that pseudoscience crap and can focus on the kind of stuff that really helps overall well-being.

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## DO YOU LIVE WITH PAINFUL, ACHING FEET?

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# Is it time to reinvent yourself?

The onset of the new year often brings resolutions, and many people who make them have post-secondary education goals in mind. Perhaps you want to reapply yourself to your current studies after the holiday break, find the finances to finish a program, or decide whether you want to change your area of study altogether.

The latter case is especially common, with several students dropping out of school at the end of the first term or sometimes after the first few weeks.

"Many young people transitioning straight from high school to college or university haven't given enough thought about what their potential career job really looks like and whether they have the skills and aptitude for it," says Laurie Edwards, the Halifax-based director of career and counselling services at the Nova Scotia Community College.

Before making a decision and applying to a program, Edwards advises doing these



SHUTTERSTOCK

three things: Read about the career; talk to someone working in the industry; and try it on for size by volunteering or interning.

Students who choose to drop out should realize that they are going to have to describe their decision in a positive way to potential employers during job interviews.

For example, they could explain that they tried the program but didn't feel it was the right fit for the long term, so they have decided to work to replenish their finances while they investigate their next education steps.

If you like your program but you are

struggling with finances or your grades are slipping, it doesn't mean you have to quit.

"Check with the student services and business offices on your campus for financial assistance and look into getting a tutor to help improve your grades," Edwards says.

— Jane Doucet



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## BE A PIONEER WITH MBC

It can be extremely difficult to turn off earning potential for two to four years to head back to school.

By taking the information systems administration program at Maritime Business College (MBC), students are able to receive their diploma in less than a year.

"Consistent with our mission of being a pioneer in the field of business, Maritime Business College offers a comprehensive course in information systems administration," says Janice Currie, director, MBC.

A system administrator, or sysadmin, is a person who is responsible for the upkeep, configuration, and reliable operation of computer systems, especially multi-user computers such as servers.

"The system administrator seeks to ensure that the uptime, performance, resources, and security of the computers he or she manages meet the needs of the users without exceeding the budget," Currie says.

To meet these needs, a system administrator may acquire, install, or upgrade computer components and software, automate routine tasks, troubleshoot, train and/or supervise staff, and provide technical support.

Along with learning core skills, MBC students are prepped for the job market by learning how to market themselves.

MBC also offers extensive career services to assist students with their job search.

For more information, please visit [maritimebusinesscollege.ca](http://maritimebusinesscollege.ca).



# DRAW ON DA VINCI'S EXPERIENCE

## ANIMATION PROGRAM

Animation students for games, film and visual effects program and filmmaking program at da Vinci College have a true love for art and design.

"Our animation for games, film and visual effects is an excellent complement to our filmmaking program, but also provides many exciting careers in its own right," says Janice Currie, director, da Vinci College.

Da Vinci animation students are immersed in a real production studio setting, where they will experience a hands-on education and instruction by industry professionals.

This specialized 3D animation and visual effects program builds a strong foundation in animation skills, from developing concepts, to storyboard creation and on to post-production and special effects.

Graduates in this two-year program pursue careers in games, film and visual effects.

Da Vinci College is also a leading school in

the training of emerging filmmakers, and is a major sponsor of the Atlantic Film Festival.

"Successful grads from this program are storytellers, they have an entrepreneurial and leadership spirit with a drive to challenge themselves and continue learning throughout their career," Currie says.

"We train filmmakers with intent to build an innovative, professional and sustainable film industry in Nova Scotia and beyond."

For more about da Vinci College or these programs, visit [davincicollege.org](http://davincicollege.org).



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## Maximize your business potential with Success College

Business administration is a career with diverse opportunities. No matter what the industry or field, there are jobs in business administration.

To train for a career in this field, Success College offers the business administration program, where students can complete a two-year program in just 60 weeks.

"The business program is designed to maximize technology in the office environment," says Janice Currie, director, Success College.

Currie says this includes the maximization of basic office software packages, as well as an introduction to emerging technologies that integrate communications and work flow across the Internet and/or company intranets.

"Graduates will complete this program with an in-depth understanding of the many extended applications of a variety of office software packages, including word processing, spreadsheets, presentation prep-

aration, computerized accounting, scheduling, calendar management, file sharing and file management, among others," Currie says.

By enrolling in this program, Success College will provide you with your own laptop to use throughout your training.

"You'll learn everything from basic business to the latest in technology applications for administration, management, and marketing," Currie says.

"The business administration program will prepare you for thousands of jobs in the public and private sector, and is also ideal for people that want to start their own business."

For more, visit [successcollege.ca](http://successcollege.ca).

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# Why an air fryer is your new best friend

## Theresa's tips

### An appliance that's worth the counter space



**NUTRI-BITES**  
Theresa Albert  
DHN, RNCP  
myfriendinfood.com

I was pretty sure that the whole air fryer thing was just, well, so much hot air. So when I tried the countertop appliance, of which there are many versions, I expected it to disappoint.

For the record, I'm fascinated with all of the gadgets that could potentially clutter up my kitchen, and would love to try them all. But those that offer a healthier spin on traditional cooking methods have a particular place in my heart (if not on my counter). One of my healthy tenets is, "Nothing deep fried — ever." (Which of course goes out the window when someone orders fried chicken or sweet potato fries at a restaurant. I have been known to steal a mouthful.)

Air fryers work on the same principal as convection ovens: They move hot air around the food to speed up cooking. The benefit of a fryer, though, is that the food goes right in the enclosed basket so the air circulates around all the food. You need very little fat sprayed or brushed onto the outside of the

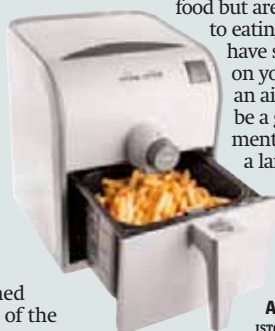
food for it to crisp up quickly.

The simplicity of use is idiot-proof. An air fryer is no more difficult than a microwave: Set the temperature, set the timer and go. I was looking forward to a battered KFC-type chicken without the grossness, so I was a little disappointed to find that it wouldn't work in the air fryer. A bread-crum coating is the only option, as batter would drip and burn. The machine did turn out a fair facsimile, though, of what I was craving.

Air fryers work best:

- for smaller families or individual meals;
- in dorms or student apartments;
- in place of a microwave (they reheat faster and better);
- on breaded or marinated foods;
- when food isn't crowded into the pan;
- on multiple foods as long as they have similar densities and cooking times;
- on fish, chicken or vegetables (steak doesn't impress);
- with highly pre-seasoned food (knowing that the missing fat added flavour).

If you love crispy fried food but are committed to eating better and have some space on your counter, an air fryer might be a good investment. If you have a large family or small kitchen you may want to stick to your oven.



An air fryer  
ISTOCK

**Air-Fried Chicken.** This breaded treat cooks up quickly, and is a much healthier alternative to a deep-fried dinner

## FLASH FOOD



From your fridge  
to your table in  
30 minutes or less

This recipe was developed for an air fryer, which will quickly produce crisp chicken. If you don't have an air fryer, the chicken can be baked in the oven at 400 F for about 30 minutes. It will still be delicious.

### Directions

1. In a large bowl, stir together milk, steak spice and lemon juice. Soak chicken in milk for at least 20 minutes on the counter (or overnight in the fridge).

2. Mix together bread crumbs, garlic powder, Italian seasoning and cheese,

### Ingredients

- 2 cups milk
- 1 tbsp Montreal steak spice
- 1 tbsp lemon juice
- 1.5 pounds boneless, skinless chicken legs
- 2 cups bread crumbs
- 1 tbsp garlic powder
- 1 tbsp Italian seasoning (or any combination of dried spices)
- ¼ cup grated Parmesan cheese



**TOTAL TIME**  
ABOUT 30 MINUTES

This recipe for Air-Fried Chicken makes four servings. THERESA ALBERT

and place onto a plate. Remove chicken from milk with tongs and dip into crumbs.

3. Place into basket and air

fry as instructed by manual. If using an oven, place chicken on baking sheet and bake at 400 F for 20-40 minutes depending upon size of chicken pieces.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND TORONTO PERSONAL NUTRITIONIST. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT WWW.MYFRIENDINFOOD.COM

# Stick a skewer into sweet, tangy peanut chicken

**Spicy Peanut Chicken Satay.** This is a great meal as it is, but you could take it further by serving the whole thing in a pita wrap

1. Place the peanuts in a food processor. Using the pulse button, grind them until very fine. Be careful not to over-grind; the peanuts should resemble bread crumbs, not peanut butter.

2. Transfer to a large bowl, then mix in the brown sugar, vinegar, fish sauce, garlic-chili paste, tomato paste and ginger. Add the chicken, stirring to coat well, then refrigerate for at least 1 hour and up to overnight.

3. When ready to cook, heat the grill to medium-high. Use an oil-soaked paper towel held with tongs to oil the grill grates.

4. Thread the chicken onto skewers. If using bamboo skewers, soak them in water

### Ingredients

- 1 cup roasted peanuts
- 1/2 cup packed brown sugar
- 1/2 cup cider vinegar
- 1/4 cup fish sauce
- 1/4 cup garlic-chili paste
- 1/4 cup tomato paste
- 2 tbsps grated fresh ginger
- 8 boneless, skinless

- chicken thighs, each cut into 3 strips
- 6 medium plum tomatoes, diced
- 3 avocados, pitted and diced
- kosher salt
- malt vinegar, to serve

for about 30 minutes first to prevent them from burning.

5. Grill the chicken for 5 to 7 minutes, turning once. To

serve, pile several skewers per plate, then spoon diced tomatoes and avocado over them. Season with salt and malt vinegar. THE ASSOCIATED PRESS



This recipe for Spicy Peanut Chicken Satay takes 25 minutes to make and serves six. MATTHEW MEAD/THE ASSOCIATED PRESS



**\$2-million lawsuit**

## Lafleur suing Quebec Crown, Montreal police

Former Canadiens superstar Guy Lafleur is seeking more than \$2 million from the Crown and Montreal police in legal proceedings that began Monday.

Lafleur testified in 2007 at his son Mark's criminal case and was the subject of an arrest warrant in 2008 when the Crown deemed he had given contradictory testimony.

He was found guilty in 2009 before the conviction was overturned on appeal a year later.

Lafleur, 63, is arguing the arrest warrant was exaggerated and unjustified and that his life has been adversely affected by the criminal case against him.

THE CANADIAN PRESS

**NFL**

## Broncos split with head coach

Coach John Fox and the Denver Broncos are parting ways following the team's latest playoff meltdown.

Fox won the AFC West all four of his years in Denver, but each of those seasons ended in ugly fashion in the playoffs, culminating with Sunday's 24-13 loss to Indianapolis.

THE ASSOCIATED PRESS

**NCAA football**

Go to [metronews.ca](http://metronews.ca) for coverage of Monday night's NCAA football national championship game between the Ohio State Buckeyes and Oregon Ducks in Arlington, Texas.



## Rockets turn other cheek in Brooklyn

Nets forward Kevin Garnett head-butts Houston Rockets centre Dwight Howard on Monday night in Brooklyn. Garnett was ejected after the altercation. Howard also received a technical foul after appearing to throw a forearm punch into Garnett's neck area. Garnett was angry after he was called for a foul against Howard with 7:53 left in the first quarter, and the players lightly shoved each other. Garnett then threw the ball into Howard's back, before ramming his head into Howard's. James Harden scored 30 points as the Rockets went on to beat the slumping Nets 113-99.

ELSA/GETTY IMAGES

# Pistons too hot for Raptors to handle

**NBA.** Jennings scores 34 points to drive Detroit to its 8th win in its last 9 games

Jonas Valanciunas scored a career-high 31 points and grabbed 12 rebounds in a losing cause on Monday night, as the Toronto Raptors dropped a 114-111 decision to the Detroit Pistons.

Brandon Jennings topped the Pistons (14-24) with 34 points.

Seven players scored in double figures for Toronto (25-12), with Greivis Vasquez notching 16, Lou Williams

**On Monday**

**114**

Pistons

**111**

Raptors

adding 15, Amir Johnson and Terrence Ross finishing with 12 apiece, James Johnson scoring 11, and Kyle Lowry adding 10 to go with 12 assists.

The Raptors had defeated the Pistons 110-100 in Detroit on Dec. 19, but the Michigan team's record was third worst in the league at the time. Three days later, the Pistons

waived Josh Smith, and have been one of the NBA's hottest teams since, winners of eight of nine games.

Toronto coach Dwane Casey likened them to last season's Raptors team after the Rudy Gay trade, saying "They're clicking on all cylinders."

The Raptors, who snapped a four-game losing skid with their 109-96 victory over Boston on Saturday, led for a good chunk of the first three quarters, and were up by as much as 14 points in the first half.

The Pistons came roaring back in the third, and cut the Raptors' advantage to just 83-82 with a quarter left to play.

THE CANADIAN PRESS



Pistons guard Brandon Jennings drives to the hoop against the Raptors' Jonas Valanciunas in Toronto on Monday night.

RICK MADONIK/TORSTAR NEWS SERVICE

# Voracek feeds voracious scoring appetite



Flyers forward R.J. Umberger celebrates his first-period goal against the Lightning on Monday night in Philadelphia. BRUCE BENNETT/GETTY IMAGES

Jake Voracek was one of five Flyers to score in the second period, leading Philadelphia to a 7-3 win over the Tampa Bay Lightning on Monday night.

Voracek, Pierre-Edouard Bellemare, Mark Streit and Brayden Schenn all scored in a six-minute, 52-second span in the second to chase goalie Evgeni Nabokov and help the Flyers match a season high in goals. Michael Raffl also scored in the five-goal period.

The former Halifax Moosehead Voracek boosted his NHL-best point total to 52. Claude

**On Monday**

**7**

Flyers

**3**

Lightning

Giroux, who turned 27, had two assists to give him 34 on the season and match his teammate for the league lead. Voracek and Giroux were named NHL all-stars over the weekend.

Even with the all-star duo enjoying sensational seasons, the Flyers entered the game 14th in the Eastern Conference.

Philadelphia's Rob Zepp won his second career game in place of injured Steve Mason. Mason is expected to miss two weeks because of a lower-body injury.

The Flyers had scored only six goals in the first three games of their four-game homestand before getting it going against the Eastern Conference-leading Lightning. THE ASSOCIATED PRESS



# Ronaldo scores third Ballon d'Or

**Soccer.** CR7 earns more than one-third of the vote to be named men's player of the year over Messi, Neuer

For the third time, Cristiano Ronaldo was voted the world's best soccer player. He hopes it also brought him closer to being remembered as one of the greatest of all time.

Ronaldo won the FIFA Ballon d'Or in a rout on Monday, racking up more than twice the votes of Lionel Messi, who edged German goalkeeper Manuel Neuer into third.

The Real Madrid and Portugal forward's latest hat trick tied him with Zinedine Zidane and Ronaldo of Brazil on three FIFA awards. The original Ballon d'Or presented by France Football magazine was won by European standouts Johan Cruyff, Michel Platini and Marco van Basten, three times each.

Only Messi's four FIFA

awards is ahead of the 29-year-old Ronaldo, whose Madrid team again seems better-placed for trophies in 2015 than his rival's Barcelona.

"I want to become one of the greatest players of all time," Ronaldo said through a translator in his acceptance speech. "Of course, this requires a lot of effort and I hope to get there."

Ronaldo retained football's highest individual honour after scoring 61 goals last year. His record tally of 17 in a Champions League season helped Madrid win

an unprecedented 10th European Cup title — and overshadowed a relatively disappointing World Cup campaign.

In what has become a Ballon d'Or tradition, Portugal captain Ronaldo did not pick Messi in his top three and Argentina captain Messi ignored Ronaldo on his ballot. Neither selected Neuer.

Ronaldo received 37.66 per cent of total voting points in a 23-candidate ballot. Messi got 15.76 per cent and Neuer 15.72 per cent.

THE ASSOCIATED PRESS

## Women's player of the year

Germany midfielder Nadine Kessler beat two former winners — Marta of Brazil and United States forward Abby Wambach — to be named the best women's player in 2014.

- Kessler received 17.52 per cent of all voting points, Marta got 14.16 per cent and Wambach 13.33 per cent.

Nadine Kessler AFP/GETTY IMAGES



Cristiano Ronaldo, left, is congratulated by FIFA president Sepp Blatter after winning the Ballon d'Or as the men's soccer player of the year in Zurich on Monday. ENNIO LEANZA/KEystone/THE ASSOCIATED PRESS

# Wambach airs turf grievance with FIFA official



Marta and Abby Wambach speak on stage during the FIFA Ballon d'Or award ceremony on Monday in Zurich. FABRICE COFFRINI/AFP/GETTY IMAGES

Top female players have taken a protest against artificial turf at the World Cup in Canada to FIFA secretary general Jerome Valcke, though with little hope of success.

United States forward Abby Wambach and Germany midfielder Nadine Kessler met a FIFA delegation Monday ahead of contesting the women's player award at the Ballon d'Or ceremony.

Wambach said at the players' official FIFA news conference that they talked "openly,

## Timing off for disgruntled players

"If we had better dialogue over a year ago, two years ago when these decisions were really being made, maybe we could have put together a coalition sooner to fight this."

American soccer player Abby Wambach

candidly" with Valcke, but did not expect natural grass pitches to be approved ahead of the June 6 kickoff.

"I think FIFA has made their decision and they are sticking

to it," the 2012 FIFA player of the year said. "The powers that be, the logistics, the timing — it just may not happen."

"It's tough because as female athletes we want to be

treated equal and we want to be playing on grass."

Wambach and Brazil forward Marta, the third candidate for the 2014 player award, have supported an anti-discrimination legal action filed in a Canadian court.

Canada wants to host the men's 2026 World Cup — possibly bidding against the U.S. and Mexico — when a proposal to play on artificial turf is unlikely to be made, or have a chance of winning.

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And watch for men's hockey weekend action!

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## TOP SIX@6

Weeknights at 6 Kat counts down the HOTTEST songs of the day

- 6 Mr Probz Waves
- 5 Pitbull ft Ne-Yo Time of Our Lives
- 4 Sam Smith I'm Not The Only One
- 3 Mark Ronson ft Bruno Mars Uptown Funk
- 2 Nick Jonas Jealous
- 1 Taylor Swift Blank Space

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## AUGMENTED REALITY

**Stuck on 12 Across?**  
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



See the full instructions on Metro's Voices page.

## Horoscopes by Sally Brompton

### Aries

March 21 - April 20

Try to be more logical in your thinking. If you look honestly at what happens today you will realize it is nowhere near as bad as certain people try to make out.

### Taurus

April 21 - May 21

You will notice someone today who for some reason you never noticed before. What other things have you overlooked?

### Gemini

May 22 - June 21

A co-worker will give you a hard time over the next 24 hours but you must not give them a hard time back.

### Cancer

June 22 - July 23

Don't worry if you find yourself moving in the opposite direction to everyone else today because no harm will come of it.

### Leo

July 24 - Aug. 23

You may be tempted to get involved with something that appeals to your adventurous nature but can you be sure it will work out okay? No you can't is the answer, but if you knew it would then it wouldn't be so much fun!

### Virgo

Aug. 24 - Sept. 23

If you allow yourself to get submerged in details over the next 24 hours you will almost certainly miss something big. Try to see the bigger picture.

### Libra

Sept. 24 - Oct. 23

What happens today may surprise you but it will also change your life in interesting ways.

### Scorpio

Oct. 24 - Nov. 22

You may have strong opinions about certain issues but what happens today and tomorrow will force you to question some of your long-held beliefs.

### Sagittarius

Nov. 23 - Dec. 21

Take care when dealing with someone you don't know very well. They may try to make you believe they are experts in their field but do you have any evidence of that?

### Capricorn

Dec. 22 - Jan. 20

Partnerships and relationships are under good stars today but you will only feel the benefit if you make an effort to think — and feel — outside your usual range.

### Aquarius

Jan. 21 - Feb. 19

Someone who does not approve of your desire to come and go as you please will try to clip your wings today. They will only succeed if they convince you that it's for your own good.

### Pisces

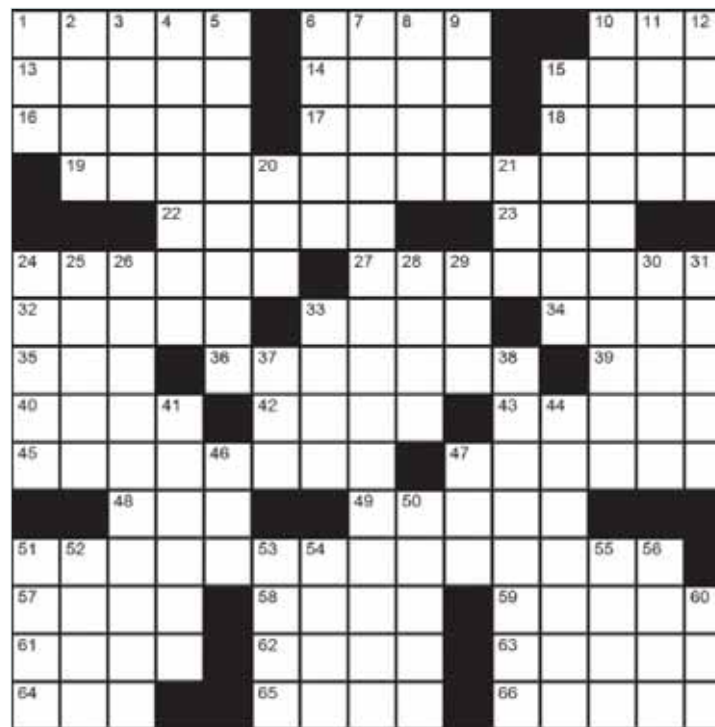
Feb. 20 - March 20

The message of the stars today is that you should finish what you have already begun rather than start something new.

## Crossword: Canada Across and Down by Kelly Ann Buchanan

### Across

1. Acid kind
6. Castaways' constructions
10. Lightly apply
13. The Primal Scream writer Arthur
14. Organic compound
15. Hide
16. Evoke "Eeks!"
17. "\_\_\_ Angel" (1933)
18. Bypass
19. Sly & The Family Stone hit: 2 wds.
22. Painting outdoors = En \_\_\_ air
23. Pou \_\_\_ (Vantage point)
24. White poplar trees
27. Literary critic Mr. Frye born in Sherbrooke, QC
32. 'Octomom' Ms. Suleman
33. Most marvelous
34. One just getting by
35. "Promiscuous" singer ...her initials-sharers
36. For each day: 2 wds.
39. Three non-consonants
40. "Live \_\_\_!" (Old consumer-themed Canadian show)
42. Tapes, tiny-ly
43. Cain's brother's namesakes
45. "...to fight the



- horde and sing and cry, \_\_\_ I am coming." - Led Zeppelin, "Immigrant Song"
47. Diagnostic test
48. Celtic sea god
49. Spring flower
51. McCain product: 3 wds.
57. De \_\_\_ (Again, in Latin)

58. Adjoin
59. Perform, Shakespeare-style
61. British streetcar
62. Soccer legend
63. Habituate, variantly
64. Francisco's partner
65. Three: Spanish
66. Asgard denizens

### Down

1. Car racer Mr. Foyt's
2. King's staff
3. \_\_\_-formation (How Canada Geese fly)
4. Beatles tune that starts "This happened once before...": 2 wds.
5. Jump that bit too

- far
6. The \_\_\_ Chronicles (Wendy Wasserstein play)
7. Spacecraft without astronauts: 2 wds.
8. Stylish
9. Swill
10. "Steven and Chris" relationship dilemma game: 3 wds.

11. Botanical casing
12. Memory unit
15. Playwright, Clare \_\_\_ Luce
20. "For sure!"
21. Ballpark fig.
24. Couple's yrly. celebration
25. UK's Oscar equivalent
26. Canadian comedy team Wayne & Shuster were guests on his show more than any other act: 2 wds.
28. 'Psych' suffix
29. Commuter's regular course, briefly
30. Trompe l' \_\_\_ (Visual illusions)
31. Commonplace
33. Belgian songwriter Jacques
37. Schubert's The \_\_\_ King
38. Central concept: 2 wds.
41. Prodigy, puny-ly
44. "No Matter What": Hit for what Irish group?
46. Electrical discharge
47. Jazz style
50. Feminine suffix [pl.]
51. Dynamites
52. Lively circle dance
53. Deeply absorbed
54. Slangy 'super'
55. Greek Myth: Supreme god
56. Longfellow's bell town
60. Him opposite

## Yesterday's Crossword



## Online

See today's answers at [metronews.ca/answers](http://metronews.ca/answers)



## Conceptis Sudoku by Dave Green

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku



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down  
payment<sup>4</sup>

Includes "Half Price Payments" credit. \$39 weekly payment amount includes \$2,000 Half Price Payments Credit. Payments are based on 2015 Sorento LX AT (SR75BF) 84-month financing. After 50 weekly payments at \$39, the weekly payments will increase to \$79<sup>5</sup>. Half Price Payments Credit may alternatively be taken as a one time lump sum payment.<sup>5</sup>



Rio4 SX with Navigation shown<sup>1</sup>  
HWY / CITY 100KM<sup>1</sup> : 5.3L/7.3L

2015 **RIO** LX MT

from **\$21**

weekly for  
69 payments

**0%**

financing  
for up to 84 months

**\$0**

down  
payment<sup>4</sup>

Includes "Half Price Payments" credit. \$21 weekly payment amount includes \$1,500 Half Price Payments Credit. Payments are based on 2015 Rio LX MT (R0541F) 84-month financing. After 69 weekly payments at \$21, the weekly payments will increase to \$43<sup>5</sup>. Half Price Payments Credit may alternatively be taken as a one time lump sum payment.<sup>5</sup>



Forte SX AT shown<sup>1</sup>  
HWY / CITY 100KM<sup>1</sup> : 5.3L/8.0L

2015 **FORTE** LX MT

from **\$24**

weekly for  
62 payments

**0%**

financing  
for up to 84 months

**\$0**

down  
payment<sup>4</sup>

Includes "Half Price Payments" credit. \$24 weekly payment amount includes \$1,500 Half Price Payments Credit. Payments are based on 2015 Forte LX MT (F0541F) 84-month financing. After 62 weekly payments at \$24, the weekly payments will increase to \$48<sup>5</sup>. Half Price Payments Credit may alternatively be taken as a one time lump sum payment.<sup>5</sup>



Rondo EX Luxury shown<sup>1</sup>  
HWY / CITY 100KM<sup>1</sup> : 6.3L/9.2L

2015 **RONDO** LX MT

from **\$31**

weekly for  
46 payments

**0%**

financing  
for up to 84 months

**\$0**

down  
payment<sup>4</sup>

Includes "Half Price Payments" credit. \$31 weekly payment amount includes \$1,500 Half Price Payments Credit. Payments are based on 2015 Rondo LX MT (RN756F) 84-month financing. After 46 weekly payments at \$31, the weekly payments will increase to \$63<sup>5</sup>. Half Price Payments Credit may alternatively be taken as a one time lump sum payment.<sup>5</sup>



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Offer(s) available on select new 2015 models through participating dealers to qualified retail customers who take delivery from January 3<sup>rd</sup> to February 2<sup>nd</sup>, 2015. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. Vehicles shown may include optional accessories and upgrades available at extra cost. All offers are subject to change without notice. Cost excludes delivery and destination fees of up to \$1,665, \$79 PPSA and A/C charge (\$100, where applicable). Other lease and financing options also available. "Up to "Half Price Payments" for up to one year ("Offer") is only applicable on financing offers on 2015 Rio/Forte/Optima/Sorento/Rondo models. On approved credit, from a participating dealer between January 3<sup>rd</sup> and February 2<sup>nd</sup>, 2015. The Offer consists of a loan credit (up to "Half Price Payments Credit") that will range from \$500 to \$3,250 depending on model/trim. Customers can choose to take the full amount of the applicable Half Price Payments Credit as a one (1) time incentive that will be deducted from the negotiated price of the vehicle before taxes. Alternatively, customers can choose the up to "Half Price Payments" option and have their financing payments reduced (before taxes) by 50% until such time as the entire amount of the applicable Half Price Payments Credit has been exhausted. This may take between 10 weeks and 69 weeks depending on model/trim and the amount of the applicable Half Price Payments Credit. After the entire amount of the applicable Half Price Payments Credit has been exhausted, the customer will be required to pay the full amount of all regularly scheduled finance payments over the remaining term of the contract. Vehicle trade-in amounts and down payments are not calculated in the advertised up to "Half Price Payments". See dealer for complete details. **Representative financing example:** 0% financing offer for up to 84 months available to qualified retail customers on approved credit for the new 2015 Rio LX MT (R0541F)/2015 Forte LX MT (F0541F)/2015 Rondo LX MT (RN756F)/2015 Sorento LX AT (SR75BF) with a purchase price of \$14,095/\$15,995/\$21,295/\$26,995 financed at 0% for 84-month period with \$0 down payment equals 69/62/46/50 reduced weekly payments of \$21/\$24/\$31/\$39 followed by weekly payments of \$45/\$48/\$63/\$79. Cost excludes delivery and destination fees of up to \$1,665, \$79 PPSA and A/C charge (\$100, where applicable). Includes \$1,500/\$1,500/\$2,000 up to "Half Price Payments" credit. Cost of borrowing is \$0 and total obligation is \$14,080/\$15,980/\$21,460/\$26,660. Up to "Half Price Payment" incentive varies by model and trim level and may be taken as a lump sum or to reduce the financed amount. Offer ends February 2<sup>nd</sup>, 2015. \*Model shown Manufacturer Suggested Retail Price for 2015 Forte SX (F0748F)/2015 Rio4 SX with Navigation (R0749F)/2015 Sorento EX AT AWD (SR75HF)/2015 Rondo EX Luxury 7-Seat w/Navigation (RN756F) is \$26,859/\$22,559/\$38,939/\$30,639. \*Highway/city fuel consumption is based on the 2015 Rio LX+ECO AT/2015 Forte 1.8L MPI 4-cyl MT/2015 Sorento LX 2.4L GDI 4-cyl AT/2015 Rondo 2.0L GDI 4-cyl AT. These updated estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the *EnerGuide Fuel Consumption Guide*. Your actual fuel consumption will vary based on driving habits and other factors. \*\*\$1,000 New Year Bonus amounts are offered on select 2015 Winter Edition models and are deducted from the negotiated purchase price before taxes. Available on financing offers only. Certain conditions apply. \$1,000 New Year Bonus amount available on the 2015 Rondo LX AT (5-seat) Winter SE (RN75SF), 2015 Rondo LX AT (7-seat) Winter SE (RN75TF) and 2015 Optima LX AT Winter SE (0P74SF). Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit [kia.ca](http://kia.ca) or call us at 1-877-542-2886. Kia is a trademark of Kia Motors Corporation.